

Attachment to Pets: An Integrative View of Human-Animal Relationships with Implications for Therapeutic Practice

By Henri Julius, Andrea Beetz, Kurt Kotrschal, Dennis C. Turner, Kerstin Uvnaes-Moberg

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The biological and psychological basis of pet therapy / animal-assisted therapy and what this means for practice: "A comprehensive, scientific foundation for human-animal therapy" Judith Solomon

In recent years, the ancient symbiosis between humans and their pets has entered a new phase, marked by the burgeoning clinical specialty of humananimal therapy. This approach uses the relationship between humans and their (mainly) mammalian pets to support the growth of emotion regulation, social skills, and mental health in children, youths, and adults. But how are humans and animals able to develop close bonds at all? What makes it possible for animals to have a therapeutic effect on humans? And how can we best use this understanding in animal-assisted therapy? In this unique book, a team of expert biologists and psychologists integrate and combine sophisticated biological and psychological knowledge to answer these questions. Together they have created a comprehensive, scientific foundation for human-animal therapy, a foundation that will facilitate the development, implementation, and evaluation of effective new interventions

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Editorial Review

Review
Attachment to Pets not only reviews the research literature but also presents and explains a solid scientific rationale for the basis of human health benefits of companion animals and why Animal-Assisted Intervention can be successful. For these reasons, this is an important book for anyone who is interested in positive human animal interactions, especially with companion animals, and for practitioners, such as psychologists, social workers, and educators, who conduct any type of animal-assisted intervention. An important contribution to the field, and I would recommend that researchers and practitioners of Animal-Assisted Intervention read Attachment to Pets. --Kathleen C. Gerbasi, social psychologist, anthrozoologist, dog lover, and professor of psychology at Niagara County Community College in Sanborn, NY in PsycCritiques, Vol. 59, 2014

This is a fascinating book, and covers the literature in both an accessible and lively way and I would recommend it both for those who share their lives with animals and those who might use them in therapy. This is a relatively short book (less than 200 pages) but don t take that to mean it is light on detail. It is packed with research evidence and I was impressed with the comprehensive way the authors had put this together. --Tony Wainwright in Clinical Psychology Forum, 2013

Attachment to Pets presents an interdisciplinary view of the concept of attachment that is crucial to the understanding of human-animal interactions in the therapeutic milieu. [It] is the missing book that needed to be written about the importance of the oxytocinergic system in the attachment that humans may have with animals. The authors are excellent ... The book is a helpful read for clinicians and an imperative read for researchers, especially students interested in the field of anthrozoology. ... I discovered this book to be a much needed treasure [and] wonderful piece of scientific writing.
Robin R. Norris, PhD, in Canadian Journal of Counseling and Psychotherapy, Vol. 47, 2013

We all know that animals can help people heal from trauma, but these authors analyze the components of the healing process, elucidating them in biochemical, physiologic, and psychological terms. They provide a broad overview of the research that defines the value of therapy animals, as weil as a robust bibliography for extended exploration. This book is worth the read.
Helpful to those therapists who are considering integrating therapy animals into their practice [and] to us as practitioners working in a climate where evidence-based practice has become the norm. --Judith R. Milner, MD, MEd, SpecEd, Private practice (general, child, and adolescent psychiatry}, Everett, Washington, in Journal of Clinical Psychiatry 2015, Vol. 76

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Sheri Reagan:

Reading can called mind hangout, why? Because while you are reading a book especially book entitled Attachment to Pets: An Integrative View of Human-Animal Relationships with Implications for Therapeutic Practice the mind will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely can become your mind friends. Imaging every single word written in a e-book then become one contact form conclusion and explanation in which maybe you never get just before. The Attachment to Pets: An Integrative View of Human-Animal Relationships with Implications for Therapeutic Practice giving you yet another experience more than blown away your mind but also giving you useful info for your better life in this particular era. So now let us show you the relaxing pattern this is your body and mind is going to be pleased when you are finished reading through it, like winning an activity. Do you want to try this extraordinary investing spare time activity?

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Robert McCauley:

The book untitled Attachment to Pets: An Integrative View of Human-Animal Relationships with Implications for Therapeutic Practice contain a lot of information on the item. The writer explains the girl idea with easy method. The language is very clear to see all the people, so do not necessarily worry, you can easy to read it. The book was authored by famous author. The author will take you in the new age of literary works. You can read this book because you can please read on your smart phone, or model, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site and also order it. Have a nice examine.

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