

Diabetic Slow Cooker (Diabetic Living)

By Diabetic Living Editors

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Easy, comforting slow cooker recipes from the experts at *Diabetic Living*

Diabetic Living magazine is the most trusted source of information on nutrition and wellbeing for diabetics. In this new collection, the editors of the magazine present 150 flavorful, no-fuss recipes for the slow cooker. Every one of these recipes combines delicious flavors with healthy amounts of calories, carbs, and sodium.

These comforting meals cover almost any occasion, from party foods to pastas, and even hot sandwiches like a Classic French dip. Full nutrition information for each one makes sure you're getting the kind of nutrition you need, while an introductory section includes helpful advice and tips on getting the most out of your slow cooker.

- Features 150 recipes with a beautiful full-color photograph of each
- Includes chapters on main dishes; soups, stews, and chilies; party foods; desserts; and more
- Saves time and money with a special ???Cook Once, Eat Thrice??? chapter that lets you prepare something good you can use in three deliciously different meals

For simple, no-mess recipes that let you enjoy mouthwatering meals while managing your diabetes, look no further than this one-of-a-kind cookbook.

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Editorial Review

From the Back Cover

Deliciously simple **diabetes-friendly** slow cooker recipes!

Easy, delicious, and diabetes-friendly? You bet! Let your slow cooker do the work and enjoy comforting meals that are sure to please everyone at the table. More than 150 mouthwatering recipes include potluck-perfect appetizers, satisfying main dishes, sandwiches, soups and stews, sides, and splurge-worthy desserts, each with a beautiful full-color photograph and complete nutrition information. And every recipe combines fantastic flavor and wholesome ingredients with smart amounts of carbs, calories, and sodium, so they'll fit smoothly into your eating plan.

You'll also find

- Full nutritional information, with highlighted carb counts and dietary exchanges accompanying each recipe
- Special chapters on big-batch cooking, just-for-two dinners, and extra slow-simmered recipes for those long days away
- Helpful pointers on lightening up slow-cooked recipes
- Time-saving tricks, ingredient info, and side dish suggestions throughout

About the Author

Diabetic Living® is the number one lifestyle magazine for people living with diabetes, written and reviewed by experts in diabetes management, as well as people living with diabetes. Visit DiabeticLivingOnline.com for more helpful tips and delicious recipes.

Users Review

From reader reviews:

Steven Maravilla:

Reading a e-book tends to be new life style within this era globalization. With looking at you can get a lot of information that could give you benefit in your life. Together with book everyone in this world can share their idea. Textbooks can also inspire a lot of people. Lots of author can inspire all their reader with their story or perhaps their experience. Not only situation that share in the textbooks. But also they write about the information about something that you need instance. How to get the good score toefl, or how to teach your kids, there are many kinds of book that exist now. The authors these days always try to improve their skill in writing, they also doing some research before they write to the book. One of them is this Diabetic Slow Cooker (Diabetic Living).

Tony You:

Your reading sixth sense will not betray an individual, why because this Diabetic Slow Cooker (Diabetic Living) book written by well-known writer whose to say well how to make book that could be understand by anyone who have read the book. Written within good manner for you, still dripping wet every ideas and writing skill only for eliminate your current hunger then you still doubt Diabetic Slow Cooker (Diabetic Living) as good book not only by the cover but also with the content. This is one guide that can break don't judge book by its include, so do you still needing yet another sixth sense to pick that!? Oh come on your reading through sixth sense already told you so why you have to listening to another sixth sense.

Theresa Adams:

This Diabetic Slow Cooker (Diabetic Living) is great book for you because the content that is full of information for you who all always deal with world and also have to make decision every minute. This book reveal it details accurately using great organize word or we can say no rambling sentences in it. So if you are read the idea hurriedly you can have whole data in it. Doesn't mean it only offers you straight forward sentences but hard core information with beautiful delivering sentences. Having Diabetic Slow Cooker (Diabetic Living) in your hand like obtaining the world in your arm, info in it is not ridiculous 1. We can say that no e-book that offer you world with ten or fifteen small right but this reserve already do that. So , this is good reading book. Hey there Mr. and Mrs. active do you still doubt that?

Elizabeth Cornelius:

The book untitled Diabetic Slow Cooker (Diabetic Living) contain a lot of information on the idea. The writer explains her idea with easy method. The language is very clear to see all the people, so do certainly not worry, you can easy to read that. The book was written by famous author. The author gives you in the new period of literary works. You can actually read this book because you can read more your smart phone, or gadget, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open up their official web-site along with order it. Have a nice go through.

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