

In Stitches

By Dr. Anthony Youn

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In Stitches By Dr. Anthony Youn

Full of heart and humor, a memoir about becoming a doctor that's unlike anything you've ever read before.
All Tony Youn ever wanted was to fit in. One of two Asian?American kids in a small midwestern town, he was tall and thin with Coke?bottle glasses, Hannibal Lecter headgear, a bowl cut, and a protruding jaw that grew even faster than his comic?book collection. He finally got his chance senior year as he lay strapped in an oral surgeon's chair having his jaw broken and reset--a brutal makeover that led him to his calling.

Egged on by his overachieving Korean father ("Doctor never get fired."), Tony spent the next four years mired in the angst, flubs, triumphs, nonstop studying, intermittent heavy drinking, and sexual frustration of medical school. He entered a shy, skinny nerd with no nerve, no game, and no clue. He left a doctor.

Heartwarming and laugh?out?loud funny, *In Stitches* is a universal coming?of?age story about a kid who found the best in himself by bringing out the best in others and finally learned to be comfortable in his own skin.

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In Stitches By Dr. Anthony Youn Bibliography

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Editorial Review

Review
In Stitches was named a **2012 Michigan Notable Book** by the Library of Michigan.

Publisher's Weekly: "Youn's description of his journey from high-school outcast to rock star plastic surgeon is full of fascinating stories and laced with self-deprecating humor in the midst of dark desperation, providing a refreshing insight into medicine."

Detroit Free Press: "Readable, funny, disarming, and heartfelt"

Huffington Post: "In Stitches is a sometimes funny, sometimes painful, sometimes heartwarming recount of Dr. Youn's experiences on the road to becoming a doctor... a Scrubs meets David Sedaris story-line..."

Lansing State Journal: "*In Stitches* is a fast-paced, mesmerizing autobiography that's laced with dark humor and memorable scenes, including his discovery that a woman he's dating works as a carnival fire-eater."

USA Today: "Laugh-out--loud"

Book Reporter: "Rarely has the chaotic, exhausting, Kafkaesque world of the med student been so faithfully, and hilariously, portrayed."

"Surprisingly warm and unquestionably witty. I adored In Stitches."* --*New York Times* bestselling author *Jen Lancaster

"Tony Youn's book is wonderful! Written from the heart, in a style that makes you want to read more, it is a touching, sensitive account of his journey. It should be read by everyone who's ever wanted to be a doctor, as well as anyone who's ever wanted to know what his doctor was thinking. A great read!" -- Robert Marion, M.D., author of "Intern Blues"

"In 1980, I read "The House of God," the sardonic story of residency training at Harvard's Beth Israel Hospital. Now, some 30 years later, ""readers are brought into the dorm room, the anatomy lab, the classroom, and the operating room with Dr. Youn as he describes his medical school training. The reader sweats the stresses and enjoys the laughs med students experience. I was touched by the honesty and frankness of the experiences he describes--most people understand the life of a doctor, but few understand the sacrifices that young men and women make while in medical school. Fasten your seatbelts and get ready for a fun ride. This memoir will certainly keep you "In Stitches." --"Arthur W. Perry, MD, FACS, author of "The Real Life of a Surgeon"

"Laugh out loud"-- "USA Today"

"Youn's description of his journey from high-school outcast to rock star plastic surgeon is full of fascinating stories and laced with self-deprecating humor in the midst of dark desperation, providing a refreshing insight into medicine." --"Publisher's Weekly"

""In Stitches" is well written, very readable and appropriately witty. I had the pleasure and opportunity of meeting and working with Dr Youn. I find him not only to be extremely capable and a great surgeon, but

also a kind and generous man. In this book, I actually see a lot of myself in him. At times I was in tears and at others was laughing out loud. I highly recommend it!"-- Dr. Robert Rey of "Dr. 90210"

"Tony Youn traces his success to a stern Korean father and his own fanatical work ethic -- but the real secret is his fabulous sense of humor. If you're contemplating medical school, you'll need three things: resilience, caffeine, and "In Stitches "-- a raucously funny and genuinely affecting account of what becoming a doctor is really like." --Audrey Young, M.D., author of "What Patients Taught Me: A Medical Student's Journey."

"Part 'Grey's Anatomy, ' part 'Nip-Tuck, ' "In Stitches" takes you under the knife to expose the layers of one doctor's journey to become not only a plastic surgeon but also his own man. A humorous, heartfelt, honest memoir about med school and MCATs, fathers and sons, and finding your place in the world, "In Stitches" will tickle your funny bone, touch your heart and make you think differently about your doctor." --critically-acclaimed author Wade Rouse

""In Stitches" is a brilliant and bouncy read. Humorous and energetic, the author takes us along with him in medical school on his way to becoming a surgeon. He makes you feel as if you are along on the ride. Rich with dialogue, I found my self routing for him in all sorts of circumstances from his first surgery to hitting on co-eds." --Dr. Drew Ordon, host of "The Doctors"

"Surprisingly warm and unquestionably witty, "In Stitches" is a riveting look at the sacrifice it takes to become a premiere plastic surgeon. In a world where physicians can be almost god-like, Dr. Tony's not afraid to show us his heart, his humor, and his humanity. I adored "In Stitches" and even though I'm not ready to book Dr. Tony for a face-lift, I'd sure like to call him for lunch." --"New York Times "bestselling author Jen Lancaster

"Dr. Youn is a frequent guest on my show, and I can say without a doubt that he's a cut above the rest."--Rachael Ray

"In 1980, I read "The House of God", the sardonic story of residency training at Harvard's Beth Israel Hospital. Now, some 30 years later, ""readers are brought into the dorm room, the anatomy lab, the classroom, and the operating room with Dr. Youn as he describes his medical school training. The reader sweats the stresses and enjoys the laughs med students experience. I was touched by the honesty and frankness of the experiences he describes--most people understand the life of a doctor, but few understand the sacrifices that young men and women make while in medical school. Fasten your seatbelts and get ready for a fun ride. This memoir will certainly keep you "In Stitches." --"Arthur W. Perry, MD, FACS, author of "The Real Life of a Surgeon"

About the Author

Anthony Youn, M.D. is a physician, writer, and television personality. He has been featured on *The Rachael Ray Show*, *Dr. 90210*, CNN, *Fox and Friends, Good Morning America, The O'Reilly Factor, E!, VH1*, and others. He's a frequent contributor to NBCNews.com, The Huffington Post, and CNN.com, where he's written articles such as "Why You Should Avoid The Hospital In July" and "Smoking Can Make Your Nipples Fall Off" which have gone viral. Dr. Youn is an Assistant Professor of Surgery at the Oakland University / William Beaumont School of Medicine.

He is also the author of *The Age Fix: Insider Tips, Tricks, and Secrets to Look and Feel Younger Without Surgery.*

For more on Dr. Youn, please visit his website at dryoun.com

Users Review

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Lori Parker:

Do you considered one of people who can't read pleasant if the sentence chained inside the straightway, hold on guys this kind of aren't like that. This In Stitches book is readable by you who hate the straight word style. You will find the info here are arrange for enjoyable reading through experience without leaving possibly decrease the knowledge that want to supply to you. The writer regarding In Stitches content conveys the thought easily to understand by most people. The printed and e-book are not different in the information but it just different as it. So , do you still thinking In Stitches is not loveable to be your top listing reading book?

Violet Jarrell:

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Jim Molnar:

A lot of people always spent their free time to vacation or even go to the outside with them household or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or perhaps playing video games all day long. If you wish to try to find a new activity that's look different you can read any book. It is really fun in your case. If you enjoy the book you read you can spent 24 hours a day to reading a reserve. The book In Stitches it is quite good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. Should you did not have enough space to bring this book you can buy often the e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not too expensive but this book possesses high quality.

Joel Wall:

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