

Heart and Soul: Stirring Recipes from Memphis

By The Junior League of Memphis

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This extraordinary cookbook reflects the style of cooking and casual entertaining marked by the decade of the '90s. It provides a tantalizing sample of the tastes of the South and a revealing glimpse of the culture and cuisine. Chapters include memories that are as treasured as the recipes themselves. A 1993 National Winner of the Tabasco Community Cookbook Award.

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