

Safety (Growing, Growing Strong)

By Connie Jo Smith, Charlotte M. Hendricks, Becky S. Bennett

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Children deserve to play and learn in safe environments. The earlier children understand safety concepts, the more naturally they will de¬velop the attitudes and respect that lead to lifelong patterns of safe behavior. Support children as they begin to incorporate actions into their lives that make them feel more secure and learn about pedestrian safety, seat belt use, fire and burn prevention, weapons avoidance, poisoning prevention, and tobacco and alcohol awareness.

The curriculum includes
Overviews of the six safety topics
Suggested interest area materials and supports for creating the learning environment
Learning objectives and vocabulary words to introduce and use
Suggestions for evaluating children’s understanding of each topic
More than 30 hands-on classroom activities
Family information and take-home activities

This book is part of the Growing, Growing Strong series, a whole-health curriculum for children age three though kindergarten. Together, the books provide a complete set of activities and resources to help you support children’s growth and wellness.

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Editorial Review

Review

“As an early childhood educator, I am always looking for new ideas for teaching preschoolers healthy habits that will serve them throughout life. This curriculum offers exactly what a busy teacher needs to provide a comprehensive health curriculum.”
—Marna Holland, EdD, CFCS, licensed teacher in birth-kindergarten, physical education, health education, and family and consumer sciences

“The books in the Growing, Growing Strong series provide a comprehensive resource for providers and teachers when supporting children in learning more about themselves, each other, and their communities. Children are given freedom to explore the topics, ask questions, and interact with items that help them problem solve and build their understanding. All of the material is presented in a way that is very respectful to individual preferences, experiences, fears, interests, and cultures.”
—Patricia Dischler, author of *From Babysitter to Business Owne*r and *Teaching the 3 Cs: Creativity, Curiosity & Courtesy*, president of the National Association for Family Child Care (NAFCC), and nationally recognized speaker

“You will never run out of resources or ideas on how to help children be safe, fit, and healthy. The authors wisely include tips and activities for families to do at home. Easy to follow and easy to use, this book is easy to like.”
—Holly Elissa Bruno, MA, JD, author, keynote speaker, adjunct instructor at Wheelock College, and BAM Radio Network host

“This series gives teachers the tools to help children begin to make informed choices based on the hows and whys of a healthy lifestyle and leaves the door wide open for partnerships with families and community members.”
—Beth Schaeffer, preschool consultant, Warren County Public Schools in Bowling Green, KY

“This series makes it easy for teachers to integrate comprehensive health education into the existing curriculum. The authors, with massive experience in various aspects of child health education, have accomplished their goal well.”
—S. D. Palmer, MD, Fellow, American Academy of Pediatrics, Clinical Professor of Pediatrics, University of Alabama School of Medicine, Past President, Alabama Chapter, AAP

“This entire curriculum is so easy to use and full of practical uses of materials and ideas. Teachers will love and appreciate the incorporation of all academic areas into this health curriculum. It’s a must have!”
—Sherri R. Meyer, Masters of Art in Education, Interdisciplinary Early Childhood Education (IECE), and adjunct faculty at Western Kentucky University

“The comprehensiveness of the topics covered in the updated series is current in their approach with related research, ideas, best practices, and good common sense. No guilt anywhere! Congratulations to Connie Jo Smith, Charlotte M. Hendricks, and Becky S. Bennett for designing and creating a healthy menu of ideas and resources that teachers, families, and others case use promptly.”
—Luis Hernandez, MA, T/TAS at WKU, early childhood education specialist, acclaimed keynote speaker, interactive learning facilitator, and author

“The authors have carefully woven issues of culture, language, and special needs throughout the curriculum and have found a way to address difficult topics (such as death, weapons, and drugs) in an appropriate, matter-of-fact manner that communicates confidence and not fear. This resource should be a part of every early childhood environment!”
—Alisa S. Ghazvini, PhD, early childhood consultant and former early childhood teacher and director

“This comprehensive health curriculum provides all of the necessary tools for building a strong foundation of health awareness for young learners. The variety of multi-sensory activities suggested in this curriculum sets the stage for learners of all ability levels to grow in self-awareness.”
—Beverly Zanchetti Smith, MEd, Ohio Statewide Consultant for the Early Intervention Grant: Bridging the Gap in Part C Early Intervention Service Delivery

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About the Author

Connie Jo Smith: Connie Jo Smith serves as the administrator for a ten-county child care resource and referral agency. She holds a doctoral degree in instructional technology and distance education and has an education specialist's degree focusing on curriculum instruction for young children.
Charlotte M. Hendricks: Charlotte M. Hendricks is a certified health education specialist and president and founder of Healthy Childcare Consultants, Inc. She has been promoting health education for young children, parents, and teachers for more than thirty years. She completed her doctoral degree in health and safety at Indiana University.
Becky S. Bennett: Becky S. Bennett is the director for the career services center at Western Kentucky University. She provides workshops in the areas of technology, career planning, and social and emotional development. Dr. Bennett holds a doctoral degree in instructional technology and distance education and a

master's degree in counselor education.

Users Review

From reader reviews:

Pierre Winter:

Do you have favorite book? When you have, what is your favorite's book? Guide is very important thing for us to find out everything in the world. Each book has different aim or even goal; it means that book has different type. Some people really feel enjoy to spend their time and energy to read a book. They are really reading whatever they get because their hobby will be reading a book. How about the person who don't like reading a book? Sometime, man or woman feel need book once they found difficult problem as well as exercise. Well, probably you will require this Safety (Growing, Growing Strong).

Annette Spafford:

The ability that you get from Safety (Growing, Growing Strong) could be the more deep you searching the information that hide into the words the more you get serious about reading it. It doesn't mean that this book is hard to comprehend but Safety (Growing, Growing Strong) giving you thrill feeling of reading. The writer conveys their point in specific way that can be understood through anyone who read this because the author of this guide is well-known enough. This kind of book also makes your current vocabulary increase well. So it is easy to understand then can go with you, both in printed or e-book style are available. We recommend you for having this specific Safety (Growing, Growing Strong) instantly.

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