

Small Displays of Chaos

By Breanna Fischer

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17-year-old Rayanne Timko is only a few months into her senior year of high school, and her biggest concern should be deciding on a university and career path. But while her classmates are filled with anticipation, nothing in her life seems to going smoothly, and Rayanne finds herself struggling to overcome anorexia. She has a new friend: Edie - the seductive and demanding presence in her head who insists she be as skinny as possible. With Edie around, Rayanne is blind to nearly everyone else in her life. But what happens when Ray begins to suspect she may be losing more than weight? Will she be able to save her family - and herself - before it’s too late?

Filled with complex relationships and realistic young adult tribulations, Small Displays of Chaos follows Rayanne as she struggles with the astonishingly common yet stigmatized disorder of anorexia nervosa. Throughout her story she fights to discover who she is despite her illness, and learns that by loving herself, she is better able to love those around her.

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Small Displays of Chaos By Breanna Fischer Bibliography

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Editorial Review

From School Library Journal
Gr 7 Up—Rayanne Timko's goal in high school is to "get in, get out, and be seen by no one," but in the first week of her senior year, she has been called in to see a guidance counselor. As her story unfolds, readers learn that Rayanne has a hidden life; after being given a phys ed assignment to pick a fitness goal and journal about it, she begins to obsess about her daily meals and activities to an unhealthy degree. As she strives to rid herself of every bit of unwanted fat by rigidly controlling her food intake, her physical and mental health deteriorate. She develops an alternate personality named Edie, who is 20 pounds lighter and constantly criticizes her, and she starts to purge and cut herself. When Rayanne nearly dies after an incident at her cousin's wedding, she is hospitalized and finally begins to cope with her condition. This first novel from Canadian author Fischer is based on her personal experiences with eating disorders. It does not glamorize these disorders or provide any easy answers. The descriptions of the protagonist's purging and cutting behaviors are realistic and brutal, and the conclusion makes it clear that her recovery is an ongoing process. VERDICT A worthwhile addition to collections needing newer titles about these sensitive issues.—Kathleen E. Gruver, Burlington County Library, Westampton, NJ

About the Author
Small Displays of Chaos is the first novel from emerging writer Breanna Fischer and is based on her own experience of being diagnosed as anorexic with bulimic behaviors in 2010. In 2014, Breanna was accepted into the Writing For Film & TV program at the Vancouver Film School, where she studied writing for features, teleplays, sketches, comic books and animation. Her script inspired by a single moment of *Small Displays of Chaos* was produced and made into a short film in 2015.

Users Review

From reader reviews:

Alysa Appel:

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in writing, they also doing some research before they write to the book. One of them is this Small Displays of Chaos.

Jeffery Fulmer:

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Kari Annis:

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