

The Toltec Art of Life and Death: A Story of Discovery

By Don Miguel Ruiz, Barbara Emrys

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The beloved teacher of spiritual wisdom and author of the phenomenal *New York Times* and international bestseller *The Four Agreements* takes readers on a mystical Toltec-inspired personal journey, introducing us to a deeper level of spiritual teaching and awareness.

In 2002, Don Miguel Ruiz suffered a near fatal heart attack that left him in a nine-weeks-long coma. The spiritual journey he undertook while suspended between this world and the next forms the heart of *The Toltec Art of Life and Death*, a profound and mystical tale of spiritual struggle. As his body lies unconscious, Ruiz's spirit encounters the people, ideas, and events that have shaped him, illuminating the eternal struggle between life—unending energy and truth—and death—matter and subjective knowledge—in which we are all called to engage.

Over ten years in the making, *The Toltec Art of Life and Death* invites readers into the mind of a master of spiritual seeking, offering an unparalleled and intimate glimpse into the development of a soul. In this culmination of a lifetime's learning, Ruiz shares with readers the innermost workings of his singular heart and mind, and summons us to grapple with timeless insights, drawn from ancient Toltec wisdom, that are the essence of transformation.

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Editorial Review

Review
“Another classic that will bring joy and enlightenment to the world.” (**Deepak Chopra**, author of *The Seven Spiritual Laws of Success*)

“Once again, Miguel Ruiz delivers the deepest truths in the most relevant ways. In *The Toltec Art of Life and Death*, his poetry, his wisdom, and his depth are as profound as ever.” (**Marianne Williamson**, author of *Return to Love* and *A Year of Miracles*)

“Love, death, tragedy, pyramids, shamans, and an unforgettable spiritual journey-it is all here but mostly you will remember the new lens by which you see your own world after reading this amazing story.” (**Dr. Joe Dispenza,**, *New York Times* bestselling author of *You Are the Placebo*)

“Don Miguel Ruiz is simply one of the greatest distillers of truth alive today.” (**Mike Dooley**, *New York Times* bestselling author of *Infinite Possibilities*)

“The ultimate vision quest . . . . A powerful look into the metaphysical life of a spiritual teacher. It provides insight into ancient Toltec wisdom that is seldom available in written form, or to the uninitiated.” (**Anna Jedrziewski**, *Retailing Insight*)

“Readers will come away with a deeper understanding of life’s complexities.” (*Publishers Weekly*)

From the Back Cover

From the beloved teacher of spiritual wisdom and author of the phenomenal *New York Times* and international bestseller *The Four Agreements* comes a profound new spiritual masterwork. Don Miguel Ruiz has been lauded the world over for his deep integrity, insight, and wisdom. Now in *The Toltec Art of Life and Death* he takes readers on a mystical personal journey, introducing us to an even greater level of spiritual teaching and awareness.

In 2002, Don Miguel Ruiz suffered a near-fatal heart attack that left him in a coma on the verge of death for nine weeks. The journey he undertook while suspended between this world and the next forms the heart of this autobiographical novel, a profound and mystical tale of spiritual struggle. As his body lies unconscious, Ruiz travels in his dreams and encounters the people, ideas, and events that have shaped him, illuminating the eternal struggle between life—unending energy and truth—and death—matter and subjective knowledge—in which we are all called to engage.

The Toltec Art of Life and Death invites readers into the mind of a master seeker, offering an unparalleled and intimate glimpse into the development of a soul. In this culmination of a lifetime's learning, Ruiz shares with readers the innermost workings of his singular heart and mind, summoning us to grapple with timeless insights drawn from ancient Toltec wisdom that are the essence of transformation and freedom.

About the Author

Don Miguel Ruiz is the international bestselling author of *The Four Agreements* (over seven years on the

New York Times bestseller list), *The Mastery of Love, The Voice of Knowledge,* and coauthor of *The Fifth Agreement*. He has dedicated his life to sharing the wisdom of the ancient Toltec through his books, lectures, and journeys to sacred sites around the world.

Barbara Emrys is a spiritual teacher and the author of *The Red Clay of Burundi: Finding God, the Music, and Me*.

Users Review

From reader reviews:

Sadie McBride:

Do you have favorite book? If you have, what is your favorite's book? Book is very important thing for us to learn everything in the world. Each book has different aim or maybe goal; it means that guide has different type. Some people sense enjoy to spend their time to read a book. They are reading whatever they take because their hobby is reading a book. Why not the person who don't like reading through a book? Sometime, particular person feel need book if they found difficult problem or exercise. Well, probably you will need this The Toltec Art of Life and Death: A Story of Discovery.

Thomas Kelly:

Exactly why? Because this The Toltec Art of Life and Death: A Story of Discovery is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will surprise you with the secret the idea inside. Reading this book beside it was fantastic author who also write the book in such incredible way makes the content within easier to understand, entertaining way but still convey the meaning entirely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This excellent book will give you a lot of positive aspects than the other book possess such as help improving your ability and your critical thinking technique. So , still want to postpone having that book? If I had been you I will go to the reserve store hurriedly.

Arthur Coe:

What is your hobby? Have you heard that will question when you got college students? We believe that that query was given by teacher with their students. Many kinds of hobby, Everyone has different hobby. And you know that little person such as reading or as studying become their hobby. You have to know that reading is very important and book as to be the matter. Book is important thing to add you knowledge, except your own personal teacher or lecturer. You will find good news or update regarding something by book. Many kinds of books that can you choose to adopt be your object. One of them is The Toltec Art of Life and Death: A Story of Discovery.

Tammy Robinson:

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