


# What Doesn't Kill You Will Only Make You Stronger

*By P. Churchill*

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**What Doesn't Kill You Will Only Make You Stronger** By P. Churchill

Pat grew up during the 1960s in New York City tenements amongst drugs, prostitution, crime, and poverty. Taught from an early age to keep things to herself and to keep secrets within the family, Pat knows only how to survive by praying. But at age fourteen, Pat begins a transformation from properness to promiscuity-and ends up pregnant in her teens. Pat has just begun a lengthy journey on a road to overcoming a lifetime of challenges. With a straightforward style, Pat shares the story of a life fraught with insecurities, seemingly insurmountable obstacles, and unhealthy relationships as she struggles to survive in a world where love is rare and self-esteem is even more uncommon. Even as her career takes off, Pat is unable to stop herself from making the same mistakes over and over again. Desperate for someone to help her determine what is wrong with her, one day Pat receives news that will change her life-and her attitude-forever. What Doesn't Kill You Will Only Make You Stronger is the tale of one woman's determination to not only survive, but thrive, in the face of overwhelming odds.

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## Editorial Review

About the Author
P. Churchill is a licensed social worker. She earned her BA in forensic psychology from John Jay College of Criminal Justice and her MSW from New York University; she co-authored an article in Racism and Racial Identity. She resides in New York City.

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