

2011 Good Morning! boxed calendar: 365 Positive Ways to Start Your Day

By Brook Noel

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While studies show breakfast to be the most important meal of the day, bestselling lifestyle expert Brook Noel believes a positive emotional breakfast is vital to our emotional, mental and physical strength. Begin each day with an uplifting message from this collection and set a positive tone for next twenty-four hours. There's no limit to the possibilities when you make every morning a good morning!

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Editorial Review

About the Author
Brook Noel is a CEO, author, speaker, and mom. She has been featured in hundreds of shows and magazines, including ABC World News, CNN Headline News, and Fox & Friends. She is the author of Good Morning, I Wasn't Ready to Say Goodbye, The Change Your Life Challenge, and other books. She lives in Wisconsin.

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From the 2011 Good Morning Boxed Calendar:

"And what are you prepared to do?"
-Sean Connery, *The Untouchables*

I greet this New Year with enthusiastic expectation.

"And now let us welcome the New Year Full of things that have never been."
-Rainer Maria Rilke

This year I will not stand in my way. Today and every day I take control and realize true joy in my life.

Live your best life now.
-the title of a Joel Osteen book

Each day I take a step forward toward reaching my goals.

"Letting go is an act of strength and courage. It helps healing begin, frees you of the weight of the past, and opens doors to a new future."
-Stephanie Tourles, *Lift Me Up*

I am free of harmful emotions.

Users Review

From reader reviews:

Lois Cox:

As people who live in the particular modest era should be upgrade about what going on or details even knowledge to make these individuals keep up with the era and that is always change and move forward. Some of you maybe can update themselves by reading books. It is a good choice for you but the problems coming to you actually is you don't know which one you should start with. This 2011 Good Morning! boxed calendar: 365 Positive Ways to Start Your Day is our recommendation so you keep up with the world. Why, because this book serves what you want and want in this era.

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