


# Body and Emotion: The Aesthetics of Illness and Healing in the Nepal Himalayas (Contemporary Ethnography)

*By Robert R. Desjarlais*

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*Body and Emotion* is a study of the relationship between culture and emotional distress, an examination of the cultural forces that influence, make sense of, and heal severe pain and malaise. In order to investigate this relationship, Robert R. Desjarlais served as an apprentice healer among the Yolmo Sherpa, a Tibetan Buddhist people who reside in the Helambu region of north-central Nepal.

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## Editorial Review

Review

"This remarkable book is an extraordinarily sensitive study of the cultural sensibility of illness and healing among Yolmo Sherpas in Nepal. It is a beautifully crafted volume, one of the finest cultural accounts of the interconnection between social categories and bodily experience that I have read."—Arthur Kleinman

About the Author
Robert Desjarlais teaches anthropology at Sarah Lawrence College and is the author of Shelter Blues: Sanity and Selfhood Among the Homeless, also published by Penn.

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