

Congregational Leadership in Anxious Times: Being Calm and Courageous No Matter What

By Peter L. Steinke

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Anxious times call for steady leadership. When tensions emerge in a congregation, its leaders cannot be as anxious as the people they serve. To remain effective, congregational leaders must control their own uneasiness. This takes self-awareness and confidence to manage relationships and influence behaviors. Knowing how to deal with anxiety and how to work throug complex challenges can lead a congregation to new insights, growth, and vitality. Anxious times hold not only the potential for loss but also for creation, important lernings, and changes that will strengthen the congregation. With this new book, internationally respected consultant Peter Steinke goes deeper into the requirements of effective congregational leadership. Born from the wisdom of Steinke's distinguished career, this new volume will both enlighten and embolden leaders. Steinke inspires courage in leaders to maintain the course, unearth secrets, resist sabotage, withstand fury, and overcome timidity or doubts. His insights, illustrations, and provocations will carry leaders through rough times, provide clarity during confusing times, and uplift them in joyous times.

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Editorial Review

Review
This is the book you'll want on your shelf and will want to read carefully and digest if you hope to master a rudimentary understanding of the way family systems theory addresses leadership in a congregation. (*New England Lutheran Theological Forum*)

Dr. Steinke once again illuminates the path towards healthier, more effective church leadership. He consistently provides deep wisdom that is both relevant and transformative. (James Boyer, pastoral psychotherapist and organizational consultant)

A faithful book, full of insight and illustration. (Rick Foss, Bishop, Eastern North Dakota Synod, ELCA)

In his first two books, Peter Steinke effectively offered the lens of family systems through which to see congregational life. In this new book, he continues his tradition of wit, clarity, and insight while moving to a new level of depth and artistry. (W. Craig Gilliam, Director, The Center for Pastoral Effectiveness, The Louisiana Annual Conference of the UMC)

About the Author
Peter L. Steinke is an internationally respected congregational systems consultant who has also served as a parish pastor, an eduator, and a therapist for clergy. He is the author of the best-selling books How Your Church Family Works and Healthy Congregations.

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