

Controversies in Shoulder Instability

By Christopher Dodson MD, David Dines MD, Joshua S. Dines MD, Gilles Walch MD, Gerald R. Williams Jr. MD

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Shoulder instability can result from a variety of causes—including bone loss, lesions, and trauma, particularly repetitive motion injuries associated with sports. This practical resource addresses the full scope of shoulder injury diagnosis and management—from anatomy and natural history, to injury classification and both surgical and nonsurgical management options.

• **Emphasis on current controversies** allows readers to weigh opposing viewpoints and choose the best management strategy for first-time dislocators, multi-directional shoulder instability, stabilization of injuries in a contact athlete, management of SLAP tears, treatment of shoulder injuries in the elderly, and more!
• **Multiple techniques** are presented for key disorders allowing readers to select the most appropriate management strategy for each patient.
• **Step-by-step coverage of each procedure** ensures proper technique, minimizes error, optimizes results, and reduces post-surgical recovery times.
• **Helpful illustrations** highlight key concepts from the text.

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Editorial Review

Review

'a remarkable job of covering the controversies in treating shoulder instability in a comprehensive and contemporary manner by bringing together a truly all-star group of contributors.'

'a must buy'

'an impressive book that brings us up to date in every aspect of shoulder instability'

'recommend this book to every resident and fellow as an efficient way to not only understand the broad gamut of shoulder instability, but also to learn from the expertise of a wonderful collection of leaders in the field.'

Weighted Numerical Score: 90 - 4 Stars!

-Doodys Publishers' Club, Friday, April 25, 2014

Users Review

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Patricia Bush:

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