

How to Ruin Your Life By 30: Nine Surprisingly Everyday Mistakes You Might Be Making Right Now

By Steve Farrar

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How to Ruin Your Life By 30: Nine Surprisingly Everyday Mistakes You Might Be Making Right Now By Steve Farrar

Don’t snooze through your 20s.

Most of us have an internal alarm clock that goes off when we’re about to make a bad decision. Yet some of us spend our 20s hitting the snooze button.

Steve Farrar urges you to wake up so you don’t ruin your life by 30.

Although the book title and chapter titles are ironic and humorous, the wisdom contained in this book is not to be taken lightly. **Steve invites you to take seriously the choices you make in your 20s** and learn from the mistakes of others rather than making your own. Steve also helps you recover from poor choices made in the past and make better ones in the future.

So if you really *want* to ruin your life by 30, don’t read this book. Just keep hitting that snooze button.

[Most of the text in his book originally appeared in *How to Ruin Your Life by 40*, copyright 2006 by Steve Farrar.]

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Editorial Review

Review

"If you've screwed up in one or more areas of your life (and let's face it, guys, who hasn't?), or you want to try to avoid making the big life-shattering mistakes, then How to Ruin Your Life by 30 is the book for you - whether you're 13, 30, 47 (that's me!), or any age. Word of advice, friends: If you see Steve Farrar's name on the cover, as they say in Britain, it's a "dead cert" you want to read it - and pass it on to a son, grandson, nephew, or any young man whose life is important to you." *Reviewed by Bruce Armstrong, Net Galley April 6, 2012*

"How To Ruin Your Life by 30: Nine Surprisingly Everyday Mistakes You Might Be Making Right Now by Steve Farrar is a great gift for high school and college graduates. It gives advice about life and common sense issues since everyone isn't born with common sense. The main lesson that I learned from this book is that the decisions and choices that you make now affect your life later on. This was a short, quick read brimming with wisdom and an encouraging message." *Reviewed by T Simmons, Net Galley April 13, 2014*

"I enjoyed the book and I wish that I had had it when I was in my early 20's. Luckily I didn't ruin my life with too many bad choices." *Reviewed by Breanna Parker, Net Galley April 15, 2012*

From the Back Cover
The decisions you make now will define the rest of your life.40 years old. It sounds like a long way off, but it's not. Forty is just around the corner. And if you want to wake up with a fantastic life on that birthday, you'd better wake up today. Inside you'll find the wisdom you need to answer some of the most important questions you'll face over the next several years: -Who will I marry'-What kind of job will I have'-How can I know God's will for my life'-How do I handle doubt and temptation' -What is my life's purpose'-What if I blow it'For the first 20 years of your life, your parents made the major decisions for you. From now on, you'll be making the decisions. Are you ready'Consider this book your wake-up call.

About the Author

STEVE FARRAR (California State, Western Seminary, Dallas Theological Seminary) is the founder and chairman of Men¿s Leadership Ministries and a speaker for these and other conferences and events around the country, including Promise Keepers. Steve is the author of *King Me, How to Ruin Your Life by Forty, Point Man*, and *God Built*. The Farrars have three grown children and currently reside in suburban Dallas, Texas. For more information, visit www.stevefarrar.com.

Users Review

From reader reviews:

Doris Anderson:

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