

Joshu and Constructive Living (Constructive Living Series Book 1)

By David K. Reynolds Ph.D.

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Editorial Review

About the Author
David K. Reynolds is recognized as the leading Western authority on Japanese psychotherapies. He is a former faculty member of the UCLA School of Public Health, the USC School of Medicine, and the University of Houston. His books have been published by university presses (California, Chicago, Hawaii, and New York) and popular presses in the U.S., Japan, China, Europe, Australia, and elsewhere. In 1988 the World Health Organization sent Dr. Reynolds to China to train psychiatrists there in Constructive Living. He has lectured and conducted workshops around the Pacific, including stays in spring and fall in Japan lecturing and consulting in Japanese. He is the only Westerner to receive the Kora Prize and the Morita Prize by the Morita Therapy Association of Japan.

Users Review

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Verna Smith:

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