

The Encyclopedia of the Back and Spine Systems and Disorders (Facts on File Library of Health & Living)

By Mary Harwell Sayler

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Back pain is the most common cause of job-related disability. This is a reference to these parts of the body and the ailments of sufferers. It provides information on various aspects of the back and spine, including anatomy, metabolic processes, neurological systems, injuries, diseases and disorders, treatments, medicines, and nutrition.

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- Sales Rank: #3695584 in Books
- Brand: Brand: Facts on File
- Published on: 2007-09-01
- Original language: English
- Number of items: 1
- Dimensions: 9.32" h x 1.08" w x 7.59" l, 2.03 pounds
- Binding: Hardcover
- 354 pages

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Editorial Review

From Booklist
Ninety percent of Americans will be affected by back or neck pain at some point in their lives. Thirty-three percent of them will seek medical treatment within the next five years. If these folks had read through The Encyclopedia of the Back and Spine Systems and Disorders, then they would know that most of the incidents will heal themselves with time and rest. The other cases are the basis for the entries in the encyclopedia. More than 250 entries cover anatomy, injuries, diseases, disorders, treatments, exercise, and current research. Articles are easy to understand but still provide the reader a thorough look at the topic. Entries for illnesses or disorders discuss symptoms and diagnostic path, treatment options and outlook, and risk factors and preventive measures. Each article on a drug or treatment covers potential side effects and statistics or studies available on the treatment. See references are provided for common names of conditions or illnesses, so that someone seeking information on dowager's hump knows to look under Kyphosis to learn about curvature of the spine. Though both adults and children can develop the disorder, the difference is the causation. There is an extensive directory of organizations that provide support and research, and URLs are included. An index offers numerous points of entry to the text for terms covered in larger articles, though a common term used by physicians, myelopathy, is neither defined under M nor included in the index. (The word was eventually located under the heading Cervical spondylotic myelopathy.) There is no listing for vacuolar myelopathy (a condition in which the myelin sheath separates from the spinal cord, forming cavities, or vacuoles), which affects some AIDS patients. Overall, this is a good title and will be well used, since the majority of us will need its information sometime in our lives. Recommended for consumer-health collections. --Steve Stratton

Review
.,."this book is a jewel...Highly recommended."

.,."authoritative, well-written...Highly recommended."

"The authors make each topic understandable...Recommended."

"Provid[es] up-to-date, concise information...recommended..."

.,."a very user-friendly, trustworthy resource...recommended..."

.,."substantially revised and updated...a recommended purchase..."

.,."offers an extensive exploration of adoption-related subjects..."

.,."comprehensive, accessible, and well organized...strongly recommended."

.,."contains a wealth of information for a very reasonable price ... highly recommended..."

"The strength of this source is the wide range of information given about eating disorders and obesity...offers a good introduction and overview..."

Users Review

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Sharon Hollars:

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Jeannette Coleman:

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Delores Saenz:

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