


# Bliss: A Novel

*By Shay Mitchell, Michaela Blaney*

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**Bliss: A Novel** By Shay Mitchell, Michaela Blaney

Shay Mitchell, star of ABC Family's #1 rated show *Pretty Little Liars,* and best friend Michaela Blaney team up to write this sharp, sexy, and entertaining romp through the imperfect world of 21-year-old BFFs Sophia, Demi, and Leandra.

Sophia Marcus, 21, has already mapped out every aspect of her glamorous life as a Hollywood actor on her vision board. But her life right now in Toronto is anything but exciting. Attending fruitless auditions during the day and working at a douche-y club at night, Sophia is starting to feel like she's going nowhere...slowly.

Demi Michaels, Sophia's best friend, didn't go to college after high school. Short of ideas for her own future, she puts her energy into building the perfect relationship with an older man. And when that relationship crashes and burns, Demi is left to pick up the pieces.

Sophia's friend (and Demi's frenemy) Leandra Hunting doesn't give a crap about hard work or a loving relationship. She has other plans for her future. After college graduation, Leandra sets out to travel the world in the yachts, planes and limos of ridiculously wealthy men. Will any of them be able to show her what love really means-if she can take off her Chanel sunglasses long enough to see it?

Set in the exotic, intoxicating worlds of Hollywood, Thailand, and London, Shay Mitchell and Michaela Blaney's *Bliss* paints a relatable portrait of life in your early twenties with equal parts optimism and fear, hope and disappointment, expectation and reality. It's the Age of Uncertainty when you can count on nothing, but, if you're lucky enough to have one truly great friend, you can survive just about anything.

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## Editorial Review

About the Author

SHAY MITCHELL, 28, is a Canadian actress and star of the ABC family drama Pretty Little Liars. In addition to acting and running her lifestyle blog amoreandvita.com, Shay works with the Free the Children Foundation, an organization that fights exploitation of children around the world; The Trevor Project, a suicide prevention organization, and the NOH8 Campaign for marriage and gender equality.

MICHAELA BLANEY, 28, is an American and Canadian marketing professional. She is the co-founder of amoreandvita.com, a lifestyle blog with 75,000+ subscribers.

Shay and Michaela both live in LA. *Bliss* is their first novel.

## Users Review

**From reader reviews:**

**Andrew Parker:**

Book is to be different for each grade. Book for children till adult are different content. To be sure that book is very important usually. The book Bliss: A Novel ended up being making you to know about other know-how and of course you can take more information. It is quite advantages for you. The reserve Bliss: A Novel is not only giving you more new information but also to be your friend when you really feel bored. You can spend your own spend time to read your book. Try to make relationship using the book Bliss: A Novel. You never experience lose out for everything when you read some books.

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