

Craniosacral Therapy II: Beyond the Dura

By John E. Upledger

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Craniosacral Therapy II: Beyond the Dura marks yet another step in understanding the craniosacral system and its significance in the clinic. Building on concepts set forth in his pioneering work Cranioscacral Therapy, Dr. Upledger further explores the anatomical and physiological bases and clinical implications of several important aspects of the craniosacral system.

The first chapter looks at the cranial nerves and how they can be effectively influenced by craniosacral therapy. In the second chapter, the author, through words and pictures, dissects the fascial anatomy of the neck from the perspective of the craniosacral system. Chapter 3 scrutinizes the temporomandibular joint and TMJ syndrome. The final chapter focuses on those concepts and discoveries which have unfolded in Dr. Upledger's clinical practice since the publication of his first book.

Rounding out this volume is an extensive glossary of technical terms and concepts related to the theory and practice of craniosacral therapy.

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Review
"A very good anatomy text for craniosacral therapy." -- *The Journal of Orthopaedic and Sports Physical Therapy*

About the Author
John E. Upledger, D.O., O.M.M., is President of The Upledger Institute in Palm Beach Gardens, Florida, an educational and clinical resource center founded by Dr. Upledger in 1985. Courses offered through the Institute teach noninvasive therapies to physicians and healthcare practitioners of all disciplines. Dr. Upledger was formerly a professor in the Department of Biomechanics, College of Osteopathic Medicine at Michigan State University. He has been in the forefront of basic science and clinical research in the field of craniosacral therapy.

Books by Dr. Upledger include Cranioscacral Therapy, Craniosacral Therapy II: Beyond the Dura, SomatoEmotional Release and Beyond, Your Inner Physician and You, and A Brain is Born.

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