

The Wheel Of Time: Kalachakra In Context

By Geshe Lhundup Sopa, Roger R. Jackson

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The Kalachakra, or "Wheel of Time," is one of the most profound and sublime of the Buddhist tantric systems. It is an intricate interweaving of astrology, eschatology, physiology, and yoga into a meditational path system that embraces the entire material universe and leads to complete, perfect enlightenment. The Kalachakra, with its special connection to the land of Shambhala and a future golden age of Dharma, has a special appeal for people of all levels of learning and practice. Initiation into its practices traditionally have been large public events, especially when granted by the Dalai Lama.

Initiation into the Kalachakra Tantra has been given with increasing frequency in recent years, but information on this complex system and practice remains sparse. *The Wheel of Time* attempts in part to fill the gap. The book opens with a Foreword by His Holiness the Fourteenth Dalai Lama. Then the five articles discuss, respectively, the Buddhist background, history, initiation rites, generation stage sadhana, and completion stage practices of the Kalachakra Tantra.

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Review
"A nicely balanced reader which is not too scholarly. The different voices of its authors make for lively discussion." -- *Mandala: A Tibetan Buddhist Journal*

From the Back Cover
The Kalachakra interweaves yoga, astrology, physiology, and mythology into a meditational system embracing the entire universe. Information on Kalachakra has been sparse--The Wheel of Time discusses the Buddhist background, history, initiation rites, generation stage sadhana and completion stage practices.

"A comprehensive placing of the Kalachakra in the context of Buddhism as a whole, with some of the history and procedures through to completion stage described. A nicely balanced reader which is not too scholarly. The different voices of its authors make for lively discussion."--Mandala: A Tibetan Buddhist Journal

About the Author
Geshe Lhundrup Sopa is a top-rank recipient of the highest degree of traditional Tibetan studies from Sera Monastic University in Lhasa. He is mow professor of South Asian Studies at the University of Wisdoconsin-Madison, near which he founded the Evam Monastery and the Deer Park Center for the study of Indo-Tibetan Buddhism.

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