

Your Best Life Now: 7 Steps to Living at Your Full Potential

By Joel Osteen

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10th Anniversary Edition: Updated with New Chapter & Foreword

Pastor Joel Osteen asks everyone to examine what he or she really believes. Why is this important? Because we will become what we believe. Our beliefs will prove either a barrier or vehicle as we strive to go higher, rise above our obstacles, and to live in health, abundance, and victory.

In YOUR BEST LIFE NOW Osteen says, "I am what I am today because of what I believed about myself yesterday. And I will be tomorrow what I'm believing about myself right now. God sees us as more than conquerors, able to fulfill our destiny. We need to see ourselves through the eyes of our Creator." He says that our self-image should mirror exactly what God says about us, not what we feel or think. And he encourages readers to be people of faith, for if you can see the invisible, God will do the impossible.

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Your Best Life Now: 7 Steps to Living at Your Full Potential By Joel Osteen Bibliography

- Sales Rank: #52574 in Books
- Brand: FaithWords/Hachette Book Group
- Published on: 2015-05-05
- Released on: 2015-05-05
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .88" w x 5.25" l, .60 pounds
- Binding: Paperback
- 336 pages

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Editorial Review

Amazon.com Review
Houston televangelist Joel Osteen is well qualified to write this book, having used the seven principles he shares to achieve his own "rags-to-riches" story. At the heart of Osteen's message is that achieving a successful, prosperous life of fulfillment can only occur when we stop worrying about the past or future to make the most of each present moment by using our God-given strengths and talents to achieve our goals. The key to doing so are the seven steps Osteen outlines: Enlarge Your Vision, Develop a Healthy Self-Image, Discover the Power of Your Thoughts and Words, Let go of the Past, Find Strength Through Adversity, Live to Give, and Choose to Be Happy. Mixing biblical teachings with his own personal experiences, Osteen explains each of these seven steps in an encouraging, optimistic manner that makes them accessible to anyone interested in principles of personal growth. Although written with a Christian slant, the seven steps Osteen shares will have value to anyone wanting to know more about practical steps of self-betterment, regardless of their denomination.--*Larry Trivieri Jr.*

From Publishers Weekly
Houston megachurch pastor and inspirational TV host Osteen offers an overblown and redundant self-help debut. Many Christian readers will undoubtedly be put off by the book's shallow name-it-and-claim-it theology; although the first chapter claims that "we serve the God that created the universe," the book as a rule suggests the reverse: it's a treatise on how to get God to serve the demands of self-centered individuals. Osteen tells readers that God wants them to prosper, offering examples of obtaining an elegant mansion or a larger salary ("don't ever get satisfied with where you are," he cautions). In seven parts, he details how readers should enlarge their vision, develop self-esteem, discover the power of thought, let go of the past, find strength through adversity, give back to others and choose to be happy. The section on giving comes as too little, too late—Osteen's message to remember others and "get your mind off yourself" flies in the face of the previous 200 pages. There are some good pockets of advice, such as letting go of past hurts and avoiding bitterness. Editorially, the book would have packed more of a punch if a third of its repetitive slogans and stories had been pruned. Theologically, its materialism and superficial portrayal of God as the granter of earthly wishes will alienate many Christian readers who can imagine a much bigger God.
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About the Author
JOEL OSTEEN is senior pastor of America's largest church, Lakewood Church in Houston, Texas. His weekly services are seen by more than 10 million viewers each week in the United States, and millions more in 100 nations worldwide. He is the author of six #1 national bestselling books and has been named by numerous publications as one of the most influential Christian leaders in the world. He resides in Houston with his wife, Victoria, and their children.
Learn more: JoelOsteen.com

Users Review

From reader reviews:

Jackie Sneller:

As people who live in typically the modest era should be revise about what going on or data even knowledge

to make all of them keep up with the era which can be always change and progress. Some of you maybe will update themselves by reading books. It is a good choice for you personally but the problems coming to you actually is you don't know which you should start with. This Your Best Life Now: 7 Steps to Living at Your Full Potential is our recommendation to help you keep up with the world. Why, as this book serves what you want and want in this era.

Louise Graham:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their free time with their family, or their very own friends. Usually they performing activity like watching television, planning to beach, or picnic from the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Could possibly be reading a book is usually option to fill your totally free time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to try look for book, may be the guide untitled Your Best Life Now: 7 Steps to Living at Your Full Potential can be good book to read. May be it might be best activity to you.

John Oliver:

Your Best Life Now: 7 Steps to Living at Your Full Potential can be one of your starter books that are good idea. Many of us recommend that straight away because this book has good vocabulary that can increase your knowledge in vocabulary, easy to understand, bit entertaining but delivering the information. The author giving his/her effort that will put every word into pleasure arrangement in writing Your Best Life Now: 7 Steps to Living at Your Full Potential nevertheless doesn't forget the main level, giving the reader the hottest along with based confirm resource details that maybe you can be certainly one of it. This great information can easily drawn you into brand new stage of crucial pondering.

Bryce Adams:

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