

Natural Health Bible: From the Most Trusted Source in Health Information, Here is Your A-Z Guide to Over 200 Herbs, Vitamins, and Supplements

By Steven Bratman, David J. Kroll, Angelo Depalma

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Did you know that there are safe and effective natural treatments for many of today's most common health conditions? Recent scientific studies suggest that many herbs, vitamins, and supplements not only may promote better health but may also be powerful weapons in the battle against specific diseases. With ***The Natural Pharmacist: Natural Health Bible,*** you'll discover what the therapeutic wonders of natural medicine can do for you.

Inside, you'll have at your fingertips the latest research on the effectiveness of the most popular herbs, vitamins, and supplements. Every claim has been rigorously reviewed for accuracy by a medical doctor and a professor of pharmacology. You'll learn what works—and what doesn't.

Cross-referenced between illnesses and treatments, this book includes:
• An A–Z guide to health conditions
• An A–Z guide to herbs, vitamins, and supplements
• Important information on drug-herb and drug-supplement interactions
• A complete list of references to studies cited
• And much, much more!

Responsible and accurate, ***The Natural Pharmacist: Natural Health Bible*** is *the* source for information you and your loved ones can trust.

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Editorial Review

Review
Which Herbs and Supplements Are Right for You?

About the Author
Angelo DePalma, Ph.D., was trained as an organic chemist and held the position of senior scientist at a major pharmaceutical company. Dr. DePalma has been reporting on science, technology, and medicine for ten years. He is currently managing editor of Pharmaceutical Online, the Internet?s premier online pharmaceutical industry site.

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