

31 Days to Great Sex

By Sheila Wray Gregoire

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Do you yearn to feel truly intimate with your spouse? Do you wish you enjoyed a sex life that was alive, rather than one that was rather dull? Do you have this overwhelming feeling like you're missing out on something, that God had so much more planned for your marriage, but you can't quite figure out how to get there?

31 Days to Great Sex is just what you need!

It's thirty-one days of challenges for you and your spouse to help you talk, flirt, and explore. The challenges build on each other slowly, guiding you through all three levels of sexual intimacy-physical, emotional, and spiritual. As you go through these challenges with lots of laughter, sex will stop being a source of tension, and become something fun that brings you together.

About the Author

Sheila Wray Gregoire is a national speaker, syndicated columnist, and award-winning author of seven books, including *The Good Girl's Guide to Great Sex*. But most of all, she's mom to two teenage girls, and wife to Keith, a pediatrician. Visit her marriage blog, which she updates daily, at www.tolovehonorandvacuum.com.

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