

How Past Lives Affect Our Present Life, Parts 1& 2: Success vs. Happiness- Purpose Of the Soul (The Soul's Perspective) (Volume 5)

By Swati R Shiv

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This book is divided into a theory part and a example past life case history. The book details the process of past life therapy to spread it as a logical, & safe process ,useful for understanding dilemmas of everyday life that cannot be understood by rational reasoning restricted to the present life. The book has been abridged/shortened and published under the name IN SEARCH OF HAPPINESS (discovering the soul through past lives) by Jaico Book Publishers, India. Past lives have a major impact in ur everyday life.As the case-history explains: 1) Past lives influence the person’s impulsive reactions. 2) The feeling a person dies with forms the point of dominant emotional focus of the present life of the person. 3) Past Lives and experience influence our present perception of what life is all about depending on how it has been in our past lives. 4) Negative emotions accumulated through lifetimes cause physical and/or mental diseases in the present life. 5) Our ambitions are usually a carry over from past lives 6) Past lives influence our performance and success in the present life, because they form the basis of our core expectations from ourselves. 7) Past lives influence our relationships 8) Past lives may create addictive behavior 9) Past lives affect our ability to make free choices in life Past Lives have to be cleansed to heal depressions and anxieties. The case history explains how just pursuing money or success fail to satisfy the soul's purpose of incarnation . The soul always seeks to create happiness and a rise in soul frequency with its efforts on earth and feels like a failure if it dies due to negative energy influence which create diseases in the body or depression in the mind. The book is a key guide to achieving happiness in everyday life, along with the hard work we put in to achieve success. By incorporating the guidance given by celestial guides, we can easily change our core thinking patterns to positive, which is essential for staying healthy and happy . We evolve above suffering by focusing on our overall life purpose, instead of focusing on short-term goals of money, success or fame; which make us feel more negative or stressed than positive or peaceful on an average. Focusing on soul lessons and correcting previous wrongs ensures that our soul evolves to a higher positive frequency, where negativity cannot affect as much. Essentially, from the soul’s perspective of learning the process of creation, we form equations in every area of life, and we keep playing with varying

intensities of energies to arrive at a solution. The solution is the outcome—the desire we want to manifest, which manifests only when we find the correct balance between the negative and positive frequencies. The solution or outcome is always positive because the manifestation of the desire is supposed to bring happiness in our lives. A manifestation of a desire in a way that does not increase our level of happiness means that we have solved the energy equation wrongly and we have to repeat the experiment in the same life-time or in another life-time. Therefore, we have to re-experience the negative situation till we find a way to offset it which creates positive energy. The soul knows theoretically that a negative situation can only be overcome by focusing on a positive outcome. But, this is practically realized when we worry through a negative situation and increase our problem than resolving it. Viewing past lives helps us understand where we are habitual to making mistakes and erasing the earlier pattern from the subconscious mind; thus, enabling ourselves to make fresh choices without fear of failure predominating us from the past . Success, health or happiness are realized when we make expectations of happiness, by changing values,beliefs and superstitions which have prevented us from being happy, as a human race.

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Editorial Review

About the Author
Shiva Swati @ Dr. Swati R Shiv is an Energy healer , Soul Empowerment Guru and Emotional Management therapist. She specializes in healing emotional or physical problems with unknown causes. She has been practicing hypnotherapy, pranik healing, NLP, spirit release, life between life counseling, reiki and past life therapy for several years. Her work focuses on teaching happiness as a mind discipline while helping clients ascend their souls through healing physical diseases like asthma, diabetes, spondylitis etc. , relationship conflicts, confidence problems, removal of phobias, negative spirit attachments etc. She works for light and channels a rainbow soul . In her free time, she meditates intensively and downloads information in silent conversations with cosmic light. Her passion is to be one with God. The purpose of her soul is to help change the educational structure of the world so that everyone feels free to be happy, in peace and healthy , as an outcome of a conditioned habit to focus on positive feelings, from childhood. She is an incarnation of an enlightened, multi-dimensional soul, working for upliftment of human consciousness to a higher positive frequency in tune with cosmic awakening energy of the NEW AGE. www.durgaswati.blogspot.com E mail – swatishiv2012@gmail.com, shivaswati.tumblr.com Dr. Shiva Swati, RMP (A.M) Certified Clinical Hypnotherapist, Past Life Regression Therapist, Life between Life therapist, Master NLP Practitioner, Time Line Therapist, Spirit Release Therapist, Reiki Master, Advanced Pranik Healer, DNA2 Theta Healer, Behaviour Analyst

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