

I Know What I'm Doing -- and Other Lies I Tell Myself: Dispatches from a Life Under Construction

By Jen Kirkman

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I Know What I'm Doing -- and Other Lies I Tell Myself: Dispatches from a Life Under Construction By Jen Kirkman

New York Times bestselling author and stand-up comedian Jen Kirkman delivers a hilarious, candid memoir about marriage, divorce, sex, turning forty, and still not quite having life figured out.

Jen Kirkman wants to be the voice in your head that says, *Hey, you're okay. Even if you sometimes think you aren't! And* especially *if other people try to tell you you're not.*

In *I Know What I'm Doing—and Other Lies I Tell Myself,* Jen offers up all the gory details of a life permanently in progress. She reassures you that it's okay to *not* have life completely figured out, even when you reach middle age (and find your first gray pubic hair!). She talks about making unusual or unpopular life decisions (such as cultivating a "friend with benefits" or not going home for the holidays) because you don't necessarily want for yourself what everyone else seems to think you should. It's about renting when everyone says you should own, dating around when everyone thinks you should settle down, and traveling alone when everyone pities you for going to Paris without a man.

From marriage to divorce and sex to mental health, *I Know What I'm Doing—and Other Lies I Tell Myself* is about embracing the fact that life is a bit of a sh*t show and it's definitely more than okay to stay true to yourself.

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